

Angela Orora

THE PRACTICAL MYSTIC



Cariad Spiritual

*Your
Daily
Spiritual Practice*

Everything

IS POSSIBLE

Dear Cariad

I first taught spiritual development back in 1990 and have since taught thousands of lightworkers and empaths worldwide how to protect themselves energetically, raise their vibration, and channel healing energy.

It is my pleasure to share my simple 5-minute daily spiritual practice with you; it can change your life by aligning you with Ascended Masters, guides, and angels who want to support you on your soul's path.

Recite the three prayers/invocations daily, and feel the difference as your life flows with more ease and grace.

Know I am here to support you on your journey, do reach out if you need guidance.

Brightest & abundant blessings

Angela Orora

The Violet Flame

CLEANSE, CLEAR & TRANSMUTE

An Invocation To Begin Your Daily Practice

*Beloved, I AM spirit bright
Round me place your tube of light
From Ascended Masters' Flame
Called forth now, in God's own name
Let it keep my temple free
From all discord sent to me
I AM calling forth Violet Fire
To Cleanse and transmute all desire
Keeping on in freedom's name
'Til I am one with the Violet Flame*

Guardians & Guides

ASK ANGELS & GUIDES FOR SUPPORT

Your Daily Prayer

Divine Spirit

Dear Mother, Father, God

I call forth now

My guides and guardians

To draw close now

And stay close

Until I leave this earthly realm

Amen, and so it is

Raise Your Vibration

ELEVATE THE FREQUENCY OF LIGHT IN YOUR BEING

Your Daily Prayer

I AM light

Glowing light, intensified light

God consumes my darkness, transmuting it into light

This day I AM the focus of the Central Sun

Flowing through me is a crystal river

A living fountain of light

That can never be qualified by human thought or feeling

I AM an outpost of the Divine

Such darkness that has used me is swallowed up

By the mighty river of light that I AM

I AM, I AM, I AM light

I live, I live, I live in light

I am light's purest intention

I am light's clearest intention

Flooding the world, everywhere I go

Blessing, strengthening, and conveying

The purpose of the Kingdom of Heaven

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When recited daily, on waking, these simple ancient prayers and invocations will transmute negativity in your life, deepen your connection to your guides and guardians and raise your spiritual vibration.

Repeating them will become as natural as brushing your teeth in the morning.

So much support is available to us on our human journey from our wonderful team of angels and spirit helpers who are always keen to help us, we simply need to ask.

For more practical tools, books, training, mentoring, and support to help you 'Be the Butterfly' and soar check out my website.

Brightest & abundant blessings,

Angela Orora
www.cariadspiritual.com